



The best way to handle a complex task like moving is to break it down into smaller tasks. Use the check list below to track what you've accomplished and what still must be done.

1 – 2 MONTHS BEFORE MOVING DAY	1 WEEK BEFORE MOVING DAY
Packing:	<ul> <li>□ Place items that you plan to move yourself in a separate area</li> <li>□ Pack a suitcase with clothing, toiletries, and other necessities for the first few days in your new home</li> </ul>
Room by room, sort through possessions and decide what to keep	
Donate or discard any items you no longer need	
Return borrowed items to neighbors and friends	Pack a box for items you will need right away such as garbage bags, toilet paper, wet wipes, cleaning supplies, phone, etc.
☐ Have your valuables appraised and insured	
Start packing nonessential items	<ul> <li>Confirm your reservation with the moving company</li> </ul>
Organize packed items and sealed boxes in one corner of each room	MOVING DAY
Action Items:	<ul> <li>Read the bill of lading prepared by your mover before signing it</li> <li>Note any damage to possessions as they are brought into your new home</li> </ul>
☐ Keep a file of your moving paperwork so every-	
thing you need is in one place	
Get 2 – 3 estimates from moving companies or truck rental companies	
Make your reservation with the moving company of your choice	OTHER TASKS:
Fill out a change of address form at your local post office	
Inform your bank, creditors, and others of your change of address	
Contact the utilities to cancel your old service/set-up new service	
☐ Transfer school, medical, and veterinary records	П
Book any travel arrangements you may need	