

# Work Better, Feel Better, Effortlessly.



Sit-Stand Solutions



100  
YEARS

Innovation in Motion™  
Since 1917

# Take a Stand Against Sitting

Over the past 10 years study after study has confirmed sitting for prolonged periods of time is harmful to your health. Some of the negative effects include an increased risk of heart attacks and strokes, links to high blood pressure and elevated cholesterol. As a leader in workspace management solutions, we knew we wanted to create a product for this problem. Our next generation sit-stand products combine a wealth of research and product development with our deep understanding of the office workspace. They're designed to be easy to use, adjustable, and worry-free. Plus, they're engineered with the durability to transition from sitting to standing multiple times a day. All this adds up to a better sit-stand experience and one you'll want to use every day.

Two hours of  
sitting cancels  
out 20 minutes  
of exercise <sup>1</sup>



Prolonged  
sitting has been  
linked to high  
blood pressure  
and elevated  
cholesterol <sup>2</sup>



Research shows a  
46 percent increase  
in workplace  
productivity with use  
of standing desks <sup>3</sup>



It is important to  
alternate between  
sitting and standing  
throughout the day



You burn 30 percent  
more calories when  
you are standing  
rather than sitting <sup>4</sup>

# A Better Experience

All sit-stands are not the same. Our sit-stands offer a better experience because of our innovative features like our intuitive and adjustable Smooth Lift Technology™, which keeps your desk surface stable and makes changing positions from sitting to standing effortless. Built-in cord management keeps your desk organized and free of tangled cords. The workstation features a unique modern design that will compliment any office space.

# Lotus™ Sit-Stand Workstation

When we designed the Fellowes Lotus Sit-Stand Workstation we focused on creating a Sit-Stand solution so integrated and so seamless it would become your desktop.

- Patent-pending Smooth Lift Technology™ keeps your workstation stable and makes changing positions effortless
- Features 22 different height settings so you can work in a position that's perfect for you
- Innovative cord management and device charging slot allow your entire workspace to move freely with you
- Arrives fully assembled - no complicated instructions, no mounting, just unpack and get started

## Smooth Lift TECHNOLOGY™

Effortlessly transition from sitting to standing multiple times a day



Keeps your desk organized and free of tangled cords



Convenient channel to view and charge mobile devices



Arrives fully assembled

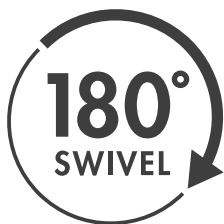


# Extend™ Sit-Stand

## Featuring Humanscale® Technology

Transform any desk into an active one with the new Fellowes Extend Sit-Stand featuring Humanscale® Technology.

- Convenient cord management keeps your keyboard, mouse, and monitor wires all hidden from view
- The premium tier articulating arm is easy to adjust, reaches up to 40" and swivels 180 degrees
- Utilizes a reinforced steel construction and features a single clamp design that can be mounted to the back edge of any work surface
- Available in both single and dual monitor configurations



Easily share your screen or move the platform out of the way



Keeps your desk organized and free of tangled cords



Adjustable clamp fits desk depths  $\frac{5}{8}$ " -  $2\frac{3}{4}$ "





# Lotus™ Sit-Stand Workstation



\*accessories not included

Staples No.	Mfr. No.	Color	Keyboard Platform (W x D)	Top Platform (W x D)	Top Platform Height (in lowest setting)	Warranty (yrs)	Cord Mgmt.	Device Channel with Charging Access	Weight Capacity	Max Height from Desk	Smooth Lift Technology™	Tools Required for Assembly
A 2344509	0007901	Black	32¾" x 12⅛"	31¾" x 8⅛"	5½"	3	Yes	Yes	35 lbs	17"	Yes	No
B 2344508	0009901	White	32¾" x 12⅛"	31¾" x 8⅛"	5½"	3	Yes	Yes	35 lbs	17"	Yes	No

## Lotus™ Monitor Arm Kits\*



Description	Staples No.	Mfr. No.	Color	Monitor Size Capacity	Monitor Weight Capacity	Height Range	Reach	Warranty (yrs)
Single	2736567	8042801	Silver	27"	17 lbs	2½" - 16" above the top surface of the Lotus™ Sit-Stand Workstation	N/A	3 Year Limited
Dual	2502524	8042901	Silver	27"	13 lbs per arm	2½" - 16" above the top surface of the Lotus™ Sit-Stand Workstation	12½"	3 Year Limited

\*sold separately

<sup>1</sup> <http://www.cbsnews.com/news/two-hours-of-sitting-cancels-out-20-minutes-of-exercise-study-finds/>

<sup>2</sup> <https://www.washingtonpost.com/apps/g/page/national/the-health-hazards-of-sitting/750/>

# Extend™ Sit-Stand

Featuring Humanscale® Technology



adjustable clamp fits  
desk depths  $\frac{5}{8}$ " -  $2\frac{3}{4}$ "

Staples No.	Mfr. No.	Mounts	Keyboard Platform (W x D)	Warranty (yrs)	Cord Mgmt.	Device Channel with Charging Access	Weight Capacity	Monitor Height Range from Keyboard Platform	Max Height from Desk	Smooth Lift Technology™	Tools Required for Assembly
<b>A</b> 2344511	0009701	Single	25 $\frac{3}{4}$ " x 12 $\frac{1}{2}$ "	5	Yes	No	30 lbs	16 $\frac{1}{16}$ " to 20 $\frac{13}{16}$ "	20"	No	Yes
<b>B</b> 2344510	0009801	Dual	25 $\frac{3}{4}$ " x 12 $\frac{1}{2}$ "	5	Yes	No	30 lbs	16 $\frac{1}{16}$ " to 20 $\frac{13}{16}$ "	20"	No	Yes

<sup>3</sup> <https://vitalrecord.tamhsc.edu/boosting-productivity-at-work-may-simple-stand/>

<sup>4</sup> <http://www.health.harvard.edu/blog/much-sitting-linked-heart-disease-diabetes-premature-death-201501227618>

**STAPLES**  
Business Advantage®

To order, please visit [StaplesAdvantage.com](https://StaplesAdvantage.com), your online ordering system or contact your Account Manager.

For more information visit [StaplesAdvantage.com/brand/Fellowes](https://StaplesAdvantage.com/brand/Fellowes)

**Fellowes**  
Brands™